



Ingrediente grezzo della fede

Introduction



The audience will be transported into a new cosmology—a cathartic experience of re-birth. The body is revealed as a vessel of cells that channel energy, while the flesh becomes a medium for connecting with what lies beyond ourselves. The audience will not simply witness dynamic movement and a deep exploration of performative presence; they will become an integral part of it. They will embark on a journey through shifting states of power, vulnerability, sorrow, and joy, immersing themselves in the multiplicity of human expression.

The performance begins with a playful and familiar tone, gradually unraveling into a crescendo of absurdity and surrealism. This transformation invites the audience to enter the experience, shedding normative logics of perception. Once this perceptual shift takes hold, the performance dissolves into simplicity: the performer, now naked, moves quietly among the audience, establishing connections through the lightest of touches—an intimate, tactile exchange that instills a deep sense of safety and presence.



Key words

Interspecies connection and decentralised intelligence

Choreographic ecology

Transcendence of reason

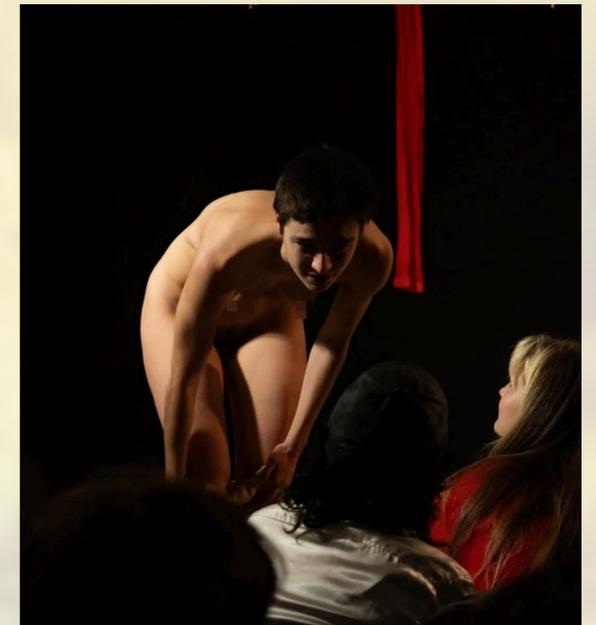
Post-humanism

Existence as Collective experience

Empathy

Solo dance performance

Duration 35/40 min



Choreographic Intention

Ingrediente grezzo della fede (Raw Ingredient of Faith) is an interactive dance performance that explores the interconnected relationships among living beings. Through evocative movement, the piece questions the meaning of life from both a biological and philosophical perspective, **challenging the boundaries of identity and redefining the threshold between the individual and the collective.**

Driven by the urgency to **resist polarization** and its devastating impact on oppressed communities, the **performance constructs a surreal genealogy that engages every spectator as part of a complex and interdependent system. It is a decolonial act shared with the audience, where dance and alchemical symbolism intertwine to offer new perspectives on resistance.** In this way, the performance is not merely something to be observed; it transforms those present into essential participants in the performative process.

The corporeal research behind **Ingrediente grezzo della fede** is rooted in the **decentralization** of scenic presence, exploring the body as a collective rather than an individual experience. Physical contact with the audience, the gaze as dialogue, and the vulnerability of the naked body among spectators all contribute to **dissolving the separation between performer and viewer, generating a space of coexistence and reciprocity.** Within this research, perceptual sensitivity and sensoriality play a fundamental role in both the dance practice and dramaturgical construction. **The ability to listen—both bodily and emotionally—becomes one of the core pillars of the work, shaping the way movements emerge and interact within the space.**

The aim is to open new perspectives on identity, revealing it as a construct born from capitalist logics of power. In its modern conception, identity isolates a single element from a broader whole, demanding it to define itself independently—forgetting that it can only exist in relation to the other pieces that compose the puzzle.

If we were to conceive of totality not as a homogeneous unity but as a dynamic ensemble of interacting diversities, could we finally recognize the importance of both biological and cultural diversity? Could we embrace differences and transform them into tools for imagining new forms of coexistence and resistance?

Ingrediente grezzo della fede does not offer definitive answers but becomes a living experience, an act of relation in which the body becomes a site of exploration, rejecting imposed categories and opening space for new collective imaginaries.

Dramaturgy

Ingrediente grezzo della fede is a cathartic journey, an immersive experience where the boundary between performer and spectator dissolves, giving way to a continuous flow of transformation. Through childlike play, the fire of passion, pain, and liberation, the body becomes a vessel for raw and deep emotions. The audience becomes involved in a bond of trust that builds to its climax: a visceral dance to the poignant notes of a gypsy harmonica. Finally, nudity becomes rebirth: a fragile yet powerful body, blind but attentive, moves among the spectators with a light touch, awakening deep empathy. Vulnerability expands, transforming into pure presence. **Ingrediente grezzo della fede** is an ephemeral ritual, an act of resistance to time, where dance becomes a language of surrender, closeness, and radical listening.



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Methodology

In order to ground this investigation in the concept of interrelations, I will focus on the study of interspecies connections within organic ecosystems, specifically exploring the dynamics of mycelium and forests.

The Practice of Biomimicry: A Resistance to Anthropocentrism Artistic and Social Practice

Biomimicry—the practice of embodying natural phenomena, or more broadly, engaging with non-human elements of the natural world—offers a valuable opportunity to explore logics and movements distinct from those of the human-centered, constructed world. This approach allows us to relearn cognitive patterns and engage with the behaviors of other species and natural processes, offering profound insights. **In the context of dance and performance creation, biomimicry opens new avenues for movement and expression, unbound by the constraints of pre-existing styles or conventional dance forms.** I view this practice as a pathway to new perceptual frameworks and critical social perspectives, as well as a means to **challenge anthropocentric attitudes** and foster a deeper connection to the environment in which we coexist.

Prompted by the question of how biology can inform the creation of an interdependent, metaphysical, and liberating landscape that delves into the essence of “living,” I integrated the embodied research of mycelium and fungi, drawing inspiration from various cosmological legends. This fusion gives birth to a new surreal language, with a dramaturgy inspired by the principles of mycelium's life processes: decentralized body intelligence, **where sensation and intuition guide movement into a sensory trance, in which reason is not the source of action;** resilient and transformative principles, where nothing exists in isolation and everything emerges in relation to one another, **following an action/reaction logic;** and a symbiotic mode of existence, where everything is co-dependent, each element completing the other.

Applied Methodology:

The surreal and esoteric nature of the piece arises from the use of symbolism: every action and element of the scenography holds a hidden intention and reference. Indeed, the entire structure of the performance unfolds a narrative designed to evoke and liberate emotional memories and sensations.

Ingrediente Grezzo della Fede aims to reach the audience through the lens of sensitivity and listening, establishing performance as a shared experience where absurdism is embraced and vulnerabilities are revealed. **In a society structured to reject emotional expression and anchored in hierarchical logics where reason prevails over empathy and embodiment, we must open spaces to undo this hierarchy.**

By proposing listening as a practice of empathy, we resist the dehumanizing systems of oppression that pervade our world.





Jasmin Sisti is an emerging choreographer and performer from Florence. After completing a Bachelor's degree in modern dance at the ZHdK, she specialized in dance improvisation in performance, research and creation at La Manufacture. At the same time, she developed her practice with companies such as Skopje Dance Theatre, Cie Marchepied and Joshua Monten Dance Company, and created her own piece "Obscene Chastity", presented in Zurich at Theatre Gessnerallee, Lila Festival and Marathon3000. In 2023, she performed in the Baby Volcano Familia Espandida project, which toured at Bad Bonn Kilbi and the Paleo Festival. She is also a member of the Octopussies collective, founded with other dancers from La Manufacture during their studies. Since 2022, she has been collaborating with Studio Dots, a nomadic curatorial project focusing on the relationship with territory from a decolonial perspective. She is currently associate artist at l'Abri in Geneva.

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Ingrediente grezzo della fede was already performed in La Manufacture, Lausanne (February 2024), was readapted and performed in Palazzo Bronzo, Genova (February 2025) and will be retaken in the residency centre choreographic OM a Cluj, Romania (in July 2025).

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